North Carolina Department of Transportation Training Standards

Defensive Driving

Course:

Training Standards **(Check all that apply)**:

Safe lane changing

Use of mirrors

Following distance

Buffer zone around vehicle

All weather driving

Safe speeds

Acceleration and deceleration

Reaction time

Identifying hazards

Familiarity with vehicle specs (height, width, turning radius)

Use of turn signals, headlights, flashers, high beams

Avoiding blind spots

Understanding traffic signs

Proper use of safety equipment

Anticipating potential hazards

Avoiding distractions

Proper backing techniques

Approaching intersections

City vs. rural driving characteristics

Driver preparation

Vehicle

Driver

Passengers

Driver courtesy

Accidents or breakdown procedures

Night and day driving

Road Rage

Reaction and braking distance

Is this a core training course or supplemental/refresher training course

Is a qualified trainer required? Yes No

**Training Program Description:**

**(1-3) Paragraphs**

Training Characteristics - Definitions of Icons **(Check all that apply)**

**Cost**

**No Cost for Training conversion-icon (2)**

**Low Cost for Training: conversion-icon (2) Under $100**

**High Cost for Training: conversion-icon (2) Above $100**

**Format**

**Web Based Course: responsive-design-icon**  **training or testing is online**

**Classroom Course: presentation-icon curriculum is taught by a trainer in classroom**

**DVD or VHS: video-marketing-icon can be taught by trainer or self taught**

**Description**

**Self Teach: tags-icon curriculum designed to be self-taught – online, videos etc..**

**Certification Course: rank-icon certification by State of National Organization**

**Customized: research-development-icon curriculum can be customized depending on needs**

**Train the Trainer: target-icon**  **exclusively for trainers**

**Other**

**On-site Vehicle Required: busIcon vehicle needed as part of training**

**Travel Required: search-engine-icon training is not local and requires travel expenses**

**Not exclusive to transit:  training was not originally designed for transit**

**Used in NC:**  **training is currently used by NC grant recipients**